

# Hill Country Karate's Self-Defense & Weapons Training Camp

- Practical self-defense against assault
- Hands-on training with a variety of martial arts weapons
- Learn to protect yourself and your loved ones
- Practice real life scenarios in safe environment

***Students (except Brown Belts) who have already completed two adult camps will receive TEN CLASS SIGNATURES for attending.***

## Who can come?

This camp is open to any Senior student at ANY belt level. Students will be grouped by experience level. Students under 15 may only stay overnight if accompanied by a parent who is also a HCK student or who has an accompanying black belt sponsor. Sorry no pets, no children, no family or friends may attend.

## What should I bring?

**ALL** campers are required to furnish their own camping gear, flashlight, personal items and food/drink. Shower facilities are available on-site. Restaurants are located near-by for lunch/dinner breaks. No alcohol, no drugs, no tobacco products will be permitted.

**Do not forget your required equipment based on your belt level. These items will be used during camp.**

**Schedule On Back**

**September 28-29, 2019**

**(RAIN OR SHINE)**

**\$35.00**

**No Checks, No Refunds**

**ONE DAY FORMAT  
FOR COLORED  
BELTS!!!**

**FEATURING**

**-KARAMBIT-**

**-SSBD BASICS-**

**-COMBAT PISTOL-**

**NEWK'S TENNIS RANCH  
325 Mission Valley Rd  
New Braunfels, TX 78132  
(Off Hwy 46)**



**Nick Smith: 830-629-6686**

**admin@hckarate.com**

**Newk's Ranch: 830-629-3400**

# Fall Camp Schedule

## Friday:

6:00pm-9:00pm

9:00pm-TBD

## Check In-Brown Belts Only

Brown Belt Compass Courses/Maneuvers

## Saturday:

8:00am

## Check In- Advanced Campers (have been at camp before)

9:30am-11:30am

## Advanced Rotations - 40 mins. each

Silat (SSBD)- Drills

Karambit

Combat Pistol

11:30am -1:00pm

## Lunch Break (Advanced & Brown Belts)

12:30pm - 1:00pm

## Check In- First Time Campers

1:00pm - 4:00pm

## Afternoon Rotation - 45 mins. each

Cane

Multiple Attacks

Basic Ground Fighting

Dirty Fighting Tricks

4:00pm - 5:00pm

## Dinner Break

5:00pm - 8:00pm

## Evening Rotations - 45 mins. each

Power Strikes

Adv. Ground Fighting

Knife Defense

Gun Defense & Disarms

9:00pm-11:00pm

## Night Trails

11:00pm

## Under belt Dismissal & Brown Belt Trails

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Name \_\_\_\_\_ Age \_\_\_\_\_ Phone \_\_\_\_\_

Instructor \_\_\_\_\_ Training Location \_\_\_\_\_

Belt Color \_\_\_\_\_ Allergies \_\_\_\_\_

Emerg # \_\_\_\_\_ Emerg # \_\_\_\_\_