

HCK – Senior Karate Camp

September 24-25, 2021 – Rain or Shine!

\$35.00 – No checks, No Refunds

COLOR BELTS- ONE DAY FORMAT (Saturday 25th only)

Located @ NEWK'S TENNIS RANCH

325 Mission Valley Rd, New Braunfels, TX
78132 (Off Hwy 46)



Featuring Extendable Baton, Sword Fighting & Combat Pistol Skills

- ❖ Practical self-defense against assault
- ❖ Hands-on training with a variety of martial arts weapons
- ❖ Learn to protect yourself and your loved ones
- ❖ Practice real life scenarios in a safe environment

Students (except Brown Belts) who have already completed two adult camps will receive 10 class signatures for attending.

Who can come?

This camp is open to any senior HCK student at ANY belt level. Students will be grouped by experience level. Students under 15 may only stay overnight if accompanied by a parent who is also a HCK student or who has an accompanying black belt sponsor. Sorry no pets, no children, no family or friends may attend.

What should I bring?

ALL campers are required to furnish their own camping gear, flashlight, personal items and food/drink. Shower facilities are available on-site. Restaurants are located near-by for lunch/dinner breaks. No alcohol, no drugs, no tobacco products will be permitted.

Do not forget your required equipment based on your belt level. These items will be used during camp.



HCK Office – 830.629.6686
admin@hckarate.com
Newk's Ranch – 830.629.3400



Fall Camp Schedule

Friday, Sept 24:

6:00 pm – 9:00 pm

Check In – Brown Belts Only

9:00 pm – TBD

Brown Belt Compass Course/ Maneuvers

Saturday, Sept 25:

8:00 am

Check In – Advanced Campers (have been at camp before)

9:30 am – 11:30 am

Advanced Rotations – 40 minutes each

Extendable Baton

Sword Fighting (Don't forget to bring your headgear)

Combat Pistol Skills

11:30 am – 1:00 pm

Lunch Break (Advanced & Brown Belts)

12:30 pm – 1:00 pm

Check In – First time Campers

1:00 pm – 4:00 pm

Afternoon Rotation – 45 minutes each

Stick Fighting – Practical Application

Multiple Attacks

Basic Ground Fighting

SSBD – Basic Knife Drills

4:00 pm – 5:00 pm

Dinner Break (ALL)

5:00 pm – 8:00 pm

Evening Rotations - 45 minutes each

Power Strikes

SSBD – Applications (Basic)

Knife Defense

Gun Defense & Disarm

9:00 pm – 11:00 pm

Night Trails

11:00 pm

Brown Belt Trails & Under Belt Dismissal

Name:

Age:

Phone:

Instructor:

Training Location:

Belt Color:

Any Known Allergies:

Emergency Contact Name & #:

Emergency Contact Name & #:



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